



Parent/Carer Information Session: October 2023

Supporting information

Produced by Knowsley CLCs

www.knowsleyclcs.org.uk

Links discussed in presentation

During the presentation, we highlighted the following links:

- **Taming Gaming:** <https://www.familygamingdatabase.com/en-gb/home>
- **Test your Home Filtering:** <https://testfiltering.com/>
- **Google The Legends Family Adventure:** https://beinternetlegends.withgoogle.com/en_uk/parents/adventure
- **Google Family Link/Apple Parental Controls:** see next page
- **SchoolsMobile:** <https://schoolsmobile.com/en-us/> (Chargeable subscription)

Mobile devices

You can set up free parental controls and restrictions on most mobile devices, which can limit what your child can access.

iOS



Using Content & Privacy Restrictions in Screen Time, you can block or limit specific apps and features on your child's device. Find out more here: <https://support.apple.com/en-gb/HT201304>.

Apple have also created this support page for families: <https://www.apple.com/uk/families/>

Android



When you turn on parental controls, you can restrict what content can be downloaded or purchased from Google Play based on maturity level.

Find out more here: <https://support.google.com/googleplay/answer/1075738?hl=en-GB>

You can also set up Family Link, which lets you set digital ground rules as well as see where they are, set screen time limits and lock their device. You will need to download Family Link onto your own device first and then link your child's account to it.

Find out more here: <https://families.google/familylink/>

Where to report / Useful Websites

Where to report



Reporting centre designed to assist everyone in reporting harmful content online.

Find out more here: <https://reportharmfulcontent.com/>



You can report sexual images of under 18s online directly to the Internet Watch Foundation.

Find out more here: <https://www.iwf.org.uk/>



A National Crime Agency command

If you are worried about online sexual abuse or the way someone has been communicating with your child online.

Find out more here: <https://www.ceop.police.uk/safety-centre>

Useful Websites

- **BBC Own it:** <https://www.bbc.com/ownit>
- **CEOP:** <https://www.ceop.police.uk/safety-centre>
- **ChildLine:** <https://www.childline.org.uk/>
- **Childnet:** <https://www.childnet.com/>
- **Internet Matters:** <https://www.internetmatters.org>
- **Internet Watch Foundation:** <https://www.iwf.org.uk/>
- **NSPCC Online Safety:** <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
- **Thinkuknow:** <https://www.thinkuknow.co.uk/>
- **UK Safer Internet Centre:** <https://www.saferinternet.org.uk/>
- **Vodafone Digital Parenting:** <https://www.vodafone.co.uk/mobile/digital-parenting>

Further Advice

There are many organisations set up to provide you or your child with advice should you need it. Here are just some of the organisations that can help you.

Helplines



Tel: 116 123

NSPCC

Tel: 0808 800 5000



Tel: 0808 800 2222